

**MISSION**  
**VISION**  
**GOALS**



**ABOUT**

**MISSION**

to provide support to individuals, agencies and organizations that offer mental health services to the Armenian American community and promote utilization of mental health services to those who need it

**VISION**

to be strong advocates for mental health in the Armenian community

**GOALS**

the advancement of mental health as a professional practice and the dissemination of psychological knowledge through meetings, professional contacts, research, reports, papers, discussions and publications

*AAMHA is a non-profit organization that aims to help the Armenian American community with its mental health needs, improve existing mental health services for Armenian Americans and provide leadership in the expansion of culturally relevant mental health services for the Armenian American community.*

[www.aamhawest.org](http://www.aamhawest.org)

[info@aamhawest.org](mailto:info@aamhawest.org)

**PO Box 588**  
**Glendale, CA 91209**

**Armenian  
American  
Mental  
Health  
Association**

*serving the greater  
Los Angeles area*

## MEMBER BENEFITS

- **Reduced rates** at monthly and annual events;
- **Professional development** at our lectures;
- **Directory listing** of your practice on our website;
- **Connecting** with professionals while having fun at our “Meet and Greet” evenings;
- **Networking** with other professionals and introducing your practice at all our events;
- Presenting your specialty and **becoming a speaker** for our lectures;
- Posting jobs and other **advertising opportunities** on our website and social media for free;
- **Belonging** to an organization that implements ideas and needs to serve the Armenian Community;
- Joining committees and **servicing in a leadership role** on the board.

## COMMITTEES

### **Membership/Outreach Education/Programs Social Website**

Find out more here:  
[www.aamhawest.org/committees](http://www.aamhawest.org/committees)

Our membership consists of a wide variety of mental health providers (licensed and pre-licensed) including Marriage and Family Therapists, Psychologists, Psychiatrists, Nurses, Social Workers, Neurologists, Gerontologists, and much more.

**To become a member** please visit [www.aamhawest.org/become-a-member](http://www.aamhawest.org/become-a-member) to download application and submit payment of annual \$40 fee via PayPal or check to:  
PO Box 588  
Glendale, CA 91209

## WHAT WE'VE DONE

- Increased **community involvement** by participating in health fairs and creating conferences and other events;
- Provided **individual support** and assistance to members;
- Provided educational **lectures** on different mental health topics to professional members and the community;
- Held “**Meet & Greet**” evenings;
- Held **annual events** such as conferences, holiday parties, and board member retreats;
- Established **directory** of AAMHA members on our website as of source of referrals and finding services;
- Added **value to membership** by offering free attendance to events, priority to become speakers for lectures, and chances to advertise on our website.