

**MISSION**  
**VISION**  
**GOALS**



**ABOUT**

**VISION**

To be strong advocates for mental health in the Armenian community.

**MISSION**

The advancement of mental health knowledge in the Armenian community, and culturally sensitive and appropriate mental health practice, through meetings, professional contacts, research, reports, papers, discussions and publications.

**GOALS**

Helping the Armenian community with mental health issues, improving existing mental health services for Armenians and providing leadership in expanding culturally relevant mental health services to meet the specific needs of the Armenian community.

*Armenian American Mental Health Association (AAMHA) is a non-profit organization, started in 2006 and officially incorporated in April 2009.*

**[www.aamhawest.org](http://www.aamhawest.org)**

**[info@aamhawest.org](mailto:info@aamhawest.org)**

**PO Box 588**

**Glendale, CA 91209**

**Armenian  
American  
Mental  
Health  
Association  
(AAMHA)**

*serving the greater  
Los Angeles area*

## MEMBER BENEFITS

- **Reduced rates** at monthly and annual events;
- **Professional development** at our lectures;
- **Directory listing** of your practice on our website;
- **Connecting** with professionals while having fun at our “Meet and Greet” evenings;
- **Networking** with other professionals and introducing your practice at all our events;
- Presenting your specialty and **becoming a speaker** for our lectures;
- Posting jobs and other **advertising opportunities** on our website and social media for free;
- **Belonging** to an organization that implements ideas and needs to serve the Armenian Community;
- Joining committees and **servicing in a leadership role** on the board.

## COMMITTEES

**Membership/Outreach  
Education/Programs  
Social  
Website**

Find out more here:

[www.aamhawest.org/committees](http://www.aamhawest.org/committees)

Our membership consists of a wide variety of mental health professionals (licensed and pre-licensed) including Marriage and Family Therapists, Psychologists, Psychiatrists, Nurses, Social Workers, Neurologists, Gerontologists, and much more.

*We offer 2 types of membership: a regular and an Affiliate membership.*

**To become a member and find out which type works best** for you visit: [www.aamhawest.org/become-a-member](http://www.aamhawest.org/become-a-member)  
From there, download an application and submit payment of \$40 (annual fee) via PayPal or check to:  
PO Box 588  
Glendale, CA 91209  
*\*we do not accept cash by mail or CC\**

## WHAT WE'VE DONE

- Increased **community involvement** by participating in health fairs and creating conferences and other events;
- Provided **individual support** and assistance to members;
- Provided educational **lectures** on different mental health topics to professional members and the community;
- Held “**Meet & Greet**” evenings;
- Held **annual events** such as conferences, holiday parties, and board member retreats;
- Established **directory** of AAMHA members on our website as of source of referrals and finding services;
- Added **value to membership** by offering free attendance to events, priority to become speakers for lectures, and approving an Affiliate membership type.